

Footprints

Secular Franciscan Order - Immaculate Conception Fraternity

September 2015

OUR SEPTEMBER FRANCISCAN GATHERING IMMACULATE CONCEPTION FRATERNITY

SEPTEMBER 19, 2015

OUR FRANCISCAN DAY OF RECOLLECTION

*Father Gino Correa, O.F.M.
University Chaplain
At the University of San Diego
Will be our retreat leader*

*We will meet in our usual gathering place at
St. Patrick's*

The Schedule for the Day

- 8:00 *Mass at St. Patrick's*
- 9:00 *Breakfast (Provided)*
- 10:00 *1st and 2nd Sessions*
- 12:00 *LUNCH (Bring your own)*
- 1:00 *3rd Session*
- 2:00 *Closing Prayers*
- 2:30 *Leaving our meeting space cleaned, tidy, and blessed*

So Many Blessings!

Message from the Minister

Secular Franciscan Order - Immaculate Conception Fraternity

Once again it is that time of year when students are returning to school. Some are excited, some are nervous, and some, especially those moving up to a higher level school, are both. And yet, after a few days or weeks, they all settle in to the routine, and the excitement and anxiety dissipate. The same thing can occur when someone makes a major life change such as starting a new job, getting married, or moving. Once things settle into a routine, we can relax and go with the flow, often with a sigh of contentment.

And yet, it is good to have these changes in our lives. They stir things up a bit - get us thinking about where we are and the direction we are going. They can also encourage us to do some soul searching - to think about who we are, what we are doing, and what God wants for us. This soul searching can make a difference not only in the big choices we make, but in the smaller, everyday choices, as well.

How many of us take the time to contemplate such things on a regular basis? We certainly are expected to pray daily. But do we frequently consider how we are living our call to be Franciscan Catholic Christians? One way to do so would be to acquire the habit of practicing the Daily Examen each night. Although it has its roots in the Spiritual Exercises of St. Ignatius, many Catholics use it.

Multiple forms of the *Examen* have developed over the years since it was first presented. Here is one you might want to try.

Become aware of God's presence, and ask Him to guide you.

Give thanks to God for the day.

Look back on the past day with guidance from the Holy Spirit.

Face your shortcomings - the things that are wrong in your life and in you, and ask pardon.

Look toward the day ahead, asking where God will be needed most.

In one of the resources on the Daily *Examen*, a priest says that if you are a golfer and you want to improve your game, you go to a pro, and have him show you what you need to do differently. And so it is with becoming better children of God. If we take the time each day to reflect with the Lord, He will help us to become what He created us to be.

Pax et bonum,



Caroline Yandell, OFS

Article 7: Rule of the Secular Franciscan Order

United by their vocation as “brothers and sisters of penance,” and motivated by the dynamic power of the gospel, let them conform their thoughts and deeds to those of Christ by means of that radical interior change which the gospel itself calls “conversion.” Human frailty makes it necessary that this conversion be carried out daily.

On this road to renewal the sacrament of reconciliation is the privileged sign of the Father's mercy and the source of grace.”

Secular Franciscan Order - Immaculate Conception Fraternity

From Caroline

Dear Fraternity Members,

Your council has been receiving wonderful feedback from you, and we appreciate it very much. Please continue to let us know how we are doing with planning our monthly gatherings. In August, we learned more about Clare of Assisi, whose feast day was on the 11th. In September, we will be having our annual Day of Recollection. Make sure you take note of the dates and times of our next two meetings since they will **not** be on the usual second Sunday of the Month. In September, we are meeting on Saturday, the 19th. As I mentioned in last month's bulletin, we will begin with the 8:00 Mass at St. Patrick's Church, and then go to the hall for sign-in and a Continental breakfast. Fr. Gino Correa, OFM, will be our presenter, and he will be discussing the new encyclical from Pope Francis, and how it relates to ministry. There will be two sessions in the morning, and one after lunch. Lemonade and water will be available during the lunch break, and participants will need to bring their own lunches. We plan to finish the day by 2:30, including the clean-up portion.

Because the feast of St. Francis of Assisi is on a Sunday this year, the council has planned to have our gathering on that first Sunday of the month. We had originally hoped to join a parish celebration of our Father Francis, but the downside of it's being on a Sunday is that the 27th Sunday in Ordinary Time takes precedent. Also, St. Patrick's hall is not available to us in October, and we needed to find another location. Nicolas Peters came to the rescue after several failed attempts at other parishes, and we will be meeting in the Parish Hall at St. Didicus on October 4th. Details, including the address and directions, will be available in the October bulletin. We will also include information on the Transitus at Mission San Luis Rey which will be on Saturday, October 3rd.

Just in case you were wondering, the Day of Recollection is on the third weekend because I will be in Rome on the previous weekend.

From Caroline

Peggy suggested that I share the itinerary of the pilgrimage that I will be taking with my daughter, Jen. So here it is:

- Day 1: Arrive in Frankfurt, Germany.
- Day 2: Half day in Marburg, Germany, where St. Elizabeth of Hungary had a hospital built, and where she died. Then to Eisenach.
- Day 3: Eisenach, Germany, where St. Elizabeth lived most of her life at Wartburg Castle.
- Day 4: Back to Frankfurt and fly to Florence, Italy.
- Day 5: Train to Assisi. Staying in a monastery.
- Day 6: Exploring Assisi.
- Day 7: Train to Rome. Staying in a hotel that was once a convent.
- Day 8: Exploring Rome and the Vatican.
- Day 9: Return home.

I will say special prayers for our fraternity and all your intentions. Please pray for us to have a safe journey.

Pax,

Caroline

Announcement

One of Our Great Franciscan Saints **Padre Pio Mass and Celebration Sunday, September 27, 2015**

Santa Sophia Catholic Church
9800 San Juan St
Spring, Valley, CA 91977

3:00-5:00 Priests Available for Confession

3:15: The Rosary and Padre Pio DVD
Presentation

5:15: Holy Mass

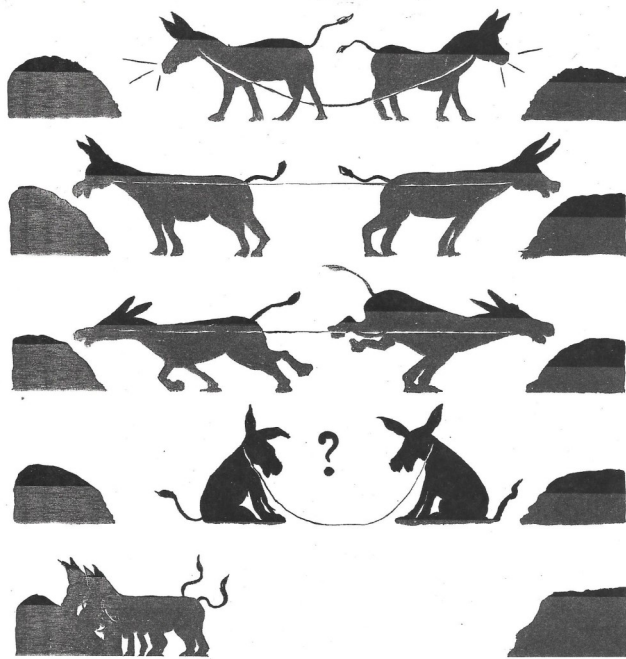
The Most Reverend Gilbert Chavez,
Aux. Bishop of San Diego, Celebrant

Indoor Procession and Blessing with
Relics of Padre Pio

Secular Franciscan Order - Immaculate Conception Fraternity

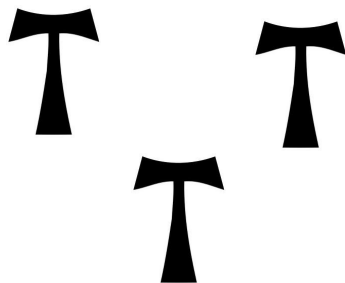
From Gabe

Gaye and I got married on Sept. 26, 1956 in Montreal, Canada. She drew this picture shortly after our first wedding anniversary. We learned a lot, just like the donkeys. May she rest in peace.



Gaye Harkay
8954

So many blessings to you, brother Gabe. You and Gaye are an inspiration to all of us.



Commentary on Article 7

As we continue our Franciscan journey, and as we pray together our Rule, consider the following commentary on Article 7:

“The next section of the rule (#7 and #8) explains the personal disposition or preconditions (viz., conversion and worship) necessary for achieving the union with Jesus Christ and with one’s neighbor described above.

An ongoing change of heart or a continual spiritual renewal is the first condition (#7) for modeling one’s own thoughts and deeds on those of Christ. As Francis himself points out in his letter used as the prologue, if we love the Lord with all we are, build a Eucharistic community, and remove those things that prevent such union, we become one with him, fulfill the Father’s will, and project his image onto the world. Thus, our daily conversion becomes a primary means for putting on Christ and conforming ourselves to him. The sacrament of reconciliation, then, is a privileged means and practical assistance for achieving his objective.”

From: *The Rule of the Secular Franciscan Order with a Catechism and Instructions*, Father Ramos, and the Capuchin Friars and Secular Franciscans of the Province of St. May and edited by Father Zachary Grant, O.F.M. Cap.)

Peace and All Good, Patricia



“PRAYER AND CARE” PARTNERS

August, 2015

Several years ago we were each assigned a "Prayer and Care Partner" to pray for on a daily basis, and to possibly connect with occasionally. Here is an up-dated list of partners. Some changes were made to take into account those who have left us, and those who have joined us. This would be a good time to connect or reconnect with your partner if you haven't recently.

Elizabeth Allen____Dee Nielsen
 Fred Atrash____Ginny Buckner
 Muriel Baze____Peggy Botte
 Roberta Bothwell___Marilyn Marshall ***
 Gene Ceichanowski____Sarah McTimmonds ***
 Julia Bryn____Teri Curtis
 Patricia Dervish____Margo Raynes
 Ellen Flourie____Pat Burke
 Elsie Gozo____May Warner
 Gabe Harkay____Caroline Yandell
 Monica Kofler___Judith Nardi
 Midge LeClair___Hilda Nihart
 Lorraine Newbrough_Christine Phillips
 Teresa Perez____Margaret Maurer***
 Maggie Welch___Mary McCarthy ***
 Lita Sombrano___Barbara Tucker
 Kay Scannicchio____Marie Nopper
 Maria Rosa____Yvonne Quintal ***
 Judy Loprieno___Dorothy Bergant
 Anita Valencia___Danuta Masterson
 Norma Liu____Margie Price ***
 Nicolas Peters___Becky Taylor ***
 Violet Rhodes___Hanna Bjork ***

*** Changes since last list.

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Secular Franciscan Order - Immaculate Conception Fraternity

September Birthdays

3 Patricia Dervish
22 Maggie Welch
27 Nicolas Peters
28 Ginny Buckner



Franciscan Saints And Blessed

- 1 Bl. Beatrice of Silva
- 2 Bls. John Francis Burte,
Severin Girault and companions
- 4 Rose of Viterbo
- 17 *STIGMATA OF OUR HOLY FATHER FRANCIS*
- 18 Joseph of Cupertino
- 20 Francis Mary of Camporosso
- 26 Elzear of Sabran and Bl. Delphina

Next Council Meeting

September 26, 2015

Please know that all fraternity members are welcome to attend the Council meeting. Please let Caroline know if you wish to attend. At the next council meeting we will discuss the regional gathering on October 31 and give you details in the next Footprints.

Next Fraternal Gatherings Mark Your Calendars And Your Hearts!

September 19
October 4, 2015

"Only love honors God."
St. Francis

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Save the date! OUR REGIONAL GATHERING

Brother Bill Short, OFM, will lead our region in a day long retreat.

OCTOBER 31

St. Matthew's Church
Corona, California
9:00 to 4:00

This will be our Regional Gathering 2015 hosted by San Bernardino/ Riverside District.

More details to follow.

Peace and All Good

Judith B. Mussatto, OFS
Regional Minister